WE CLAIM

- 1. A toothbrush comprising a resilient element, said resilient element comprising an elastomer into which is incorporated an abrasive, characterized in that the abrasive is perlite.
- 2. A toothbrush as claimed in claim 1, in which the perlite is present from 0.01% to 50% v/v of the elastomer.
 - 3. A toothbrush as claimed in claim 1, in which the perlite is present from 0.01% to 10% w/w of the elastomer.

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- 4. A toothbrush as claimed in claim 1, in which the median particle diameter of the perlite is from 10 to 50 μm .
- 5. A toothbrush as claimed in claim 1, in which the resilient element is wall-like.
 - 6. A toothbrush as claimed in claim 1, in which the elastomer comprises a styrene block copolymer.
- 25 7. A toothbrush as claimed in claim 1, in which the elastomer has a Shore A hardness from 5 to 80.

- 8. A toothbrush as claimed in claim 1 in which the perlite has a bulk density of 100 to 180 g/l.
- 9. A method of whitening the teeth by brushing with a toothbrush comprising a resilient element, said resilient element comprising an elastomer into which is incorporated an abrasive, characterized in that the abrasive is perlite.